

# 2008 COLORADO CROSS COUNTRY



UNIVERSITY OF COLORADO SPORTS INFORMATION

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## Division I Men's Poll As of Nov. 18, 2008

Team (first-place votes)	Points
1. Oregon - (9)	357
2. Oklahoma State - (3)	345
3. Stanford	330
4. Wisconsin	317
5. Alabama	299
6. Portland	289
7. Iona College	287
8. Georgetown	277
9. Michigan	262
10. Colorado	256
11. Northern Arizona	234
12. Minnesota	227
13. Auburn	225
14. William & Mary	203
15. Virginia	188
16. BYU	174
17. Tulsa	161
18. California	144
19. Texas A&M	131
20. Florida State	114
21. Washington	104
22. Iowa State	88
23. North Carolina State	83
24. Arkansas	80
25. Butler	76
26. Penn State	74
27. UCLA	61
28. Providence	54
29. Notre Dame	48
30. Cal Poly	46

## Division I Women's Poll As of Nov. 18, 2008

Team (first-place votes)	Points
1. Washington - (12)	360
2. Oregon	343
3. Florida State	337
4. Princeton	324
5. West Virginia	308
6. Minnesota	296
7. Villanova	280
8. Michigan	265
9. Texas Tech	260
10. Wisconsin	243
11. Arkansas	237
12. Stanford	232
13. Michigan State	222
14. Illinois	212
15. Arizona State	178
16. Florida	176
17. Georgetown	170
18. Baylor	156
19. Rice	153
20. Providence	144
21. New Mexico	115
22. Nebraska	101
23. Iowa	84
24. SMU	79
25. Syracuse	72
26. Northern Arizona	54
27. Boston College	48
28. Virginia	44
29. Stony Brook	33
30. Notre Dame	23

**WHAT'S NEXT:** The University of Colorado 10th-ranked men's cross country team will head back to Terre Haute, Ind. for the NCAA Championships on Monday, Nov. 24. The men's team won the NCAA Mountain Region Championship to advance to the 70th annual men's championship. The race will take place on the LaVern Gibson Cross Country Course at the Wabash Valley Family Sports Center.

This is the 23rd straight appearance at the NCAA Championships for the CU men and the 27th in 28 years. The women did not qualify for the first time since 1991 after placing fourth at the regional championship.



**HOW THEY GOT HERE:** Colorado's men's team earned an automatic bid to the championship by winning the NCAA Mountain Region Championship last Saturday in Fort Collins, Colo.

**THE SCHEDULE:** The men's 10k race is at 12:48 p.m. (EST) with an awards ceremony to follow.

**LIVE COVERAGE:** The NCAA Championship will be televised for on CBS College Sports Network. Coverage starts at 12 p.m. (EST) and will end at 1:30. It will also be streamed live at www.NCAA.com.

**WHAT HAPPENED LAST YEAR:** The Buffaloes continued the men's string of top-10 finishes by placing seventh overall. The last time CU finished below 10th place was in 1992 when the Buffs took 11th.

Brent Vaughn led the Buffs for the second straight year at the NCAA meet and the third time in his career. He raced to a fifth-place finish, clocking a mark of 29:47.4. Stephen Pifer was the second Buff to finish, taking 34th overall. Vaughn and Pifer were the only two Buffs to earn All-American status in the race.

### LAST YEAR AT THE NCAA'S:

Team Champion	Runner-up	Individual Champion	Runner-up	Top CU Runner
M Oregon	Iona	Josh McDougal (Liberty)	Galen Rupp (UO)	Brent Vaughn (5)
W Stanford	Oregon	Sally Kipyego (TTU)	Jenny Barringer	Jenny Barringer

**COLORADO'S NCAA CHAMPIONSHIP HISTORY:** Both of Colorado's teams have left their marks on the national scene since the 1990's. The men's team has finished only lower than fifth three times (1997, 2003, 2007) since 1993. The women finished 20th in 1992 and jumped up to the podium and a second-place finish in 1995 and then took the team title in 2000. The men have won three national titles (2001, 2004, 2006) and the women own two (2000, 2004). CU has had seven national champions: Mark Scrutton (1982), Mary Decker (1978), Adam Goucher (1998), Kara Grgas-Wheeler (2000), Jorge Torres (2002) and Dathan Ritzenhein (2003). The CU women have had three NCAA runner-up finishers in the last four years (Renee Metivier, 2004; Jenny Barringer, 2006 and 2007).

### 2008 University of Colorado Cross Country Schedule/Results

Date	Meet	Location	M	W
Aug. 30	Alumni/Open/Time Trial	BOULDER	NTS	NTS
Sept. 20	Iowa State Invitational	Ames, Iowa	NTS	NTS
Oct. 4	Rocky Mountain Shootout	BOULDER	1/3	1/3
Oct. 18	at Pre-NCAA Invitational	Terre Haute, Ind.	9/40	20/39
Oct. 24	at Air Force Open	USAF, Colo.	NTS	NTS
Nov. 1	at Big 12 Championships	Ames, Iowa	2/12	5/12
Nov. 15	at NCAA Mountain Region Championship	Fort Collins, Colo.		
Nov. 24	at NCAA Championships	Terre Haute, Ind.		
Feb. 7	at USATF Cross Country Championships	Derwood, Md.		
March 28	at IAAF World Cross Country Championships	Amman, Jordan		

**Examining the Polls:**

**Program Comparison**

School.....	M.....	W.....	Total
Oregon.....	1	2	3
Wisconsin.....	4	10	14
Stanford.....	3	12	15
Michigan.....	9	8	17
Minnesota.....	12	6	18
Washington.....	21	1	22
Florida State.....	20	3	23
Georgetown.....	8	17	25
Arkansas.....	24	11	35
Northern Arizona.....	11	26	37
Virginia.....	15	28	43
Providence.....	28	20	48
Notre Dame.....	29	30	59

**Conference Comparison**

Conference.....	M.....	W.....	Total
Big 10.....	4	6	10
Pac 10.....	5	4	9
<b>Big 12.....</b>	<b>4</b>	<b>3</b>	<b>7</b>
BIG EAST.....	3	6	9
ACC.....	3	3	6
SEC.....	3	2	5
Conference USA.....	1	2	3
Mountain West.....	1	1	2
Big Sky.....	1	1	2
Ivy.....	1	1	1
Big West.....	1	1	1
Colonial.....	1	1	1
Metro Atlantic.....	1	1	1
West Coast.....	1	1	1
American East.....	1	1	1
Horizen.....	1	1	1

**Regional Comparison**

School.....	M.....	W.....	Total
West.....	7	4	11
Midwest.....	4	4	8
Great Lakes.....	4	4	8
<b>Mountain.....</b>	<b>3</b>	<b>3</b>	<b>6</b>
South Central.....	2	4	6
Mid-Atlantic.....	2	4	6
Northeast.....	2	4	6
South.....	3	2	5
Southeast.....	3	1	3

**GIVE THEM SOMETHING TO TALK ABOUT:** Colorado has made a habit out of running better than its national ranking at the season finale. This is how the team has done in the Wetmore era.

**COLORADO MEN**

Season	Rank	NCAA Finish
2008	10	???
2007	2	7th
2006	2	1st
2005	3	5th
2004	4	1st
2003	3	6th
2002	5	4th
2001	1	1st
2000	1	2nd
1999	5	7th
1998	4	3rd
1997	3	3rd
1996	3	5th
1995	3	4th

**COLORADO WOMEN**

Season	Rank	NCAA Finish
2008	NR	---
2007	22	23rd
2006	6	2nd
2005	6	2nd
2003	3	1st
2002	7	5th
2002	3	5th
2001	6	8th
2000	1	1st
1999	5	8th
1998	13	7th
1997	4	3rd
1996	4	4th
1995	5	2nd

**WHO'S RUNNING AND HOW DID THEY DO A YEAR AGO....**

Colorado Men	Ht	Yr	Exp.	2006	2007
Seth DeMoore	5-5	Sr.	VR		
Jordan Kyle	6-0	Jr.	TR	33	139 (both for Indiana U.)
Richard Medina	5-5	So.	1L		178/7
Kenyon Neuman	5-10	Jr.	2L	Alt.	87/3
Chris Pannone	5-8	Sr.	1L		152/6
Matt Tebo	5-9	So.	1L		Alt
Christian Thompson	5-10	Fr.	RS		
Andy Wacker	5-11	Fr.	RS		

**ACADEMIC ALL-BIG 12:** The University of Colorado cross country program placed eight on the Academic All-Big 12 teams, the conference office announced Tuesday.

CU placed three women and three men on the first team, while the men also had two on the second team.

Junior Kenyon Neuman led the Buffs with his third straight honor. He was a first team member in 2006 and was on the second team last season. Neuman is a finance major and carries a 3.043 grade point average. Junior Emily Hanenburg has earned the highest GPA among the Buffaloes on the team. She has accumulated a 3.947 through her first four semesters at CU while majoring in studio art and Spanish.

Bradley Harkrader, a senior, is majoring in chemical engineering and ethnic studies. This is his second first-team honor. Harkrader owns a 3.27 GPA.

Richard Medina, Allison Sawyer, Laura Thweatt and Andy Wacker are also mem-

**2008 Colorado Rosters**

Name	Ht	Yr	Exp.	Hometown (High School/College)
Jenny Barringer*	5-5	Sr.	3L	Oviedo, Fla. (Oviedo)
Megan Burrell	5-5	Fr.	RS	Colorado Springs, Colo. (Coronado)
Courtney Clark	5-4	Fr.	HS	Olivenhain, Calif. (La Costa Canyon)
Emma Coburn	5-8	Fr.	HS	Crested Butte, Colo. (Crested Butte)
Katie Cumming	5-6	Fr.	HS	Hudson, Wis. (Hudson)
Allison Eckert	5-2	So.	1L	Sioux Falls, S.D. (Roosevelt)
Krista Eckert	5-3	Fr.	RS	Sioux Falls, S.D. (Roosevelt)
Morgan Ekemo	5-4	Sr.	VR	Eagle River, Alaska (Chugiak/Virginia Tech)
Rachel Gioscia	5-4	Jr.	1L	Buena Vista, Colo. (Buena Vista)
Emily Hanenburg	5-9	Jr.	1L	Colorado Springs, Colo. (The Classical Academy)
Aislinn Ryan*	5-10	Jr.	2L	Warwick, N.Y. (Warwick Valley)
Allison Sawyer*	5-10	So.	1L	Hilton, N.Y. (Hilton)
Katie Smith	5-5	Fr.	HS	Aurora, Colo. (Regis Jesuit)
Kaylen Slack	5-5	Fr.	HS	Colorado Springs, Colo. (Liberty)
Laura Thweatt	5-4	So.	1L	Durango, Colo. (Durango)
Heather West	5-5	Sr.	VR	Glendale, Ariz. (Mountain Ridge)

\*-indicates returning 2007 postseason scorers

**COLORADO MEN**

Name	Ht.	Yr	Exp.	Hometown (High School/College)
Matthew Biegner	6-4	Fr.	HS	Broomfield, Colo. (Broomfield)
Scott Blair	6-4	Fr.	HS	Mission Viejo, Calif. (Trabuco Hills)
Joe Bosshard	6-0	Fr.	HS	Crested Butte, Colo. (Crested Butte Academy)
Cameron Clayton	6-2	So.	VR	Superior, Colo. (Monarch)
Seth DeMoore	5-5	Sr.	VR	Buena Vista, Colo. (Buena Vista)
Grant Duffy	6-1	Fr.	HS	Lincoln, Neb. (Lincoln East)
Dan Edwards	5-10	So.	VR	Kaiserslautern, Germany (Ramstein)
Bradley Harkrader*	5-8	Sr.	3L	Westminster, Colo. (Thornton)
Matthew Herzl	6-0	So.	VR	Littleton, Colo. (Heritage)
Stephen Kasica	6-2	Fr.	HS	Grand Junction, Colo. (Fruita Monument)
Jordan Kyle	6-0	Jr.	TR	Fishers, Ind. (Indiana University)
Evan Johnston	5-10	Fr.	HS	Granby, Colo. (The Middle Park)
Martin Medina	5-6	Fr.	HS	Grand Junction, Colo. (Grand Junction)
Richard Medina*	5-5	So.	1L	Grand Junction, Colo. (Grand Junction)
Nick Miller	6-1	So.	VR	Littleton, Colo. (Mountain View)
Patrick Nilan	6-3	Fr.	HS	Sacramento, Calif. (Rio Americano)
Kenyon Neuman*	5-10	Jr.	2L	Bend, Ore. (Summit)
Chris Pannone*	5-8	Sr.	2L	Whitehouse Station, N.J. (Hunterdon Central)
Jerome Perkins	5-10	Fr.	HS	Franklin Lakes, N.J. (Indian Hills)
Steven Seguin	6-0	Fr.	RS	Arvada, Colo. (Ralston Valley)
Jonathan Stevens	6-3	Fr.	HS	Vail, Colo. (Battle Mountain)
Matt Tebo*	5-9	So.	1L	Albuquerque, N.M. (Eldorado)
Christian Thompson	5-10	Fr.	RS	Candor, N.Y. (Candor)
Aric Van Halen	5-11	Fr.	HS	Los Angeles, Calif. (Oakwood)
Andy Wacker	5-11	Fr.	RS	Pinehurst, N.C. (Pinecrest)
Brett Walters	5-10	Fr.	HS	Victorville, Calif. (Sultana)



bers of the first team and Christian Thompson was named to the second team.

Members of the first team have a grade point average of 3.20 or better. Those named to the second team have between a 3.0-3.19 grade point average.

**Olympics to Grand Marshal:** Senior Jenny Barringer was the 2008 University of Colorado Grand Marshal for the Homecoming parade. Barringer earned the honor as the theme was 'Go For the Gold'. She was a member of the 2008 U.S. Olympic Team and competed in the Beijing Summer Games. Barringer placed ninth overall in the finals of the steeplechase and reset the American record at 9:22.26.

**DeMoor Named CU Athlete of the Week:** Seth DeMoor recorded his first collegiate first-place finish at the Air Force Open on the Eisenhower Golf Course to earn the CU Athlete of the Week honor for Oct. 20-26. He finished the 8k race in 25:57.17. His time was almost a full minute in front of the second place finisher Scott Balcao of Air Force who finished with a time of 26:51.87.

**Kyle Named CU Athlete of the Week:** Junior transfer Jordan Kyle was named the CU Athlete of the Week (9/30-10/5) for his performance at the Rocky Mountain Shootout on Oct. 4. Kyle took second-place overall and ran the 8k course in a time of 25:20. Kyle ran with the top four for the entire race (teammate Chris Pannone and two Adams State runners), in only his first race at higher altitude. He finished 16 seconds behind Aaron Brown (25:04) of Adams State. Colorado captured their 18th consecutive title in a meet that also featured Air Force, Wyoming, Northern Colorado, NCAA Division II second-ranked Adams State, #5 Western State and several others.

Kyle was also named the athlete of the week Oct. 13-20. Kyle was the top Big 12 performer at the NCAA Pre-Nationals meet in both the 'white' and 'blue' races. Kyle crossed the finish line seventh overall in the 'white' race while the next Big 12 runner, Kiel Uhl of Iowa State finished 10th. Kyle recorded a personal best finishing the 8k course in 23:39.9.

To cap it off, Kyle was named the CU Athlete of the Week for the third time in the season after leading the men's team to their sixth straight regional title. Kyle was the top Buff and finished in sixth-place.

**WETMORE NAMED REGION COACH OF THE YEAR:** CU head cross country coach Mark Wetmore has been named the 2008 NCAA Mountain Region Men's Coach of the Year by the USTFCCA. Wetmore's coach of the year honor is the 14th overall as he has been the men's region coach of the year on 10 occasions, and women's coach of the year four times. The Colorado men won the regional meet on Nov. 15 for the sixth straight year to advance to the NCAA Championship.

**THE MAN, THE MYTH, THE REALITY:** Colorado head coach Mark Wetmore enters his 17th season at Colorado, his 14th as the head coach, as the only Division I cross country coach to win all four NCAA titles - men's and women's team and men's and women's individual- at the same school.

His women's team won the team championship at Iowa State in 2000, while his men's team won the following year at Furman. He has coached Adam Goucher (1998), Jorge Torres (2002) and Dathan Ritzenhein (2003) to men's individual titles, while Kara Grgas-Wheeler won the 2000 women's crown. His men's and women's teams became just the fourth in championship history to sweep the team titles, doing so in 2004. In 2006, his men's team came through again in muddy conditions to win his fifth team championship. He has earned the honor of being the NCAA Women's Coach of the Year twice ('00 and '04) and the NCAA Men's Coach of the Year once ('06).

All told nine of Wetmore's athletes — Adam Goucher, Alan Culpepper, Sara (Gorton) Slattery, Kara Grgas-Wheeler, Jodie Hughes, Jorge Torres, Dathan Ritzenhein, Renee Metivier and Jenny Barringer— have combined for 16 NCAA individual cross country, indoor and outdoor championships. Barringer was the first CU collegian to win a USA Track and Field crown in 2007 in the 3,000-meter steeplechase.

His men's teams have won 11 straight Big-12 Conference, while his women's teams have won 10 of the last 11 titles. Wetmore has earned the conference coach of the year honor 19 times in cross country, as well as 12 region coach of the year honors.

He has tutored 15 conference champions, 13 regional title winners, 66 All-Americans while six CU runners have been crowned USA Cross Country Champions, including Billy Nelson in 2003, Pete Janson in '04 and Liza Pasciuto in '05. Three former student-athletes, Goucher, Shayne (Wille) Culpepper and Alan Culpepper, represented the United States at the 2000 Olympic Games while Ritzenhein joined the Culpeppers in '04. In 2008, three more former athletes made the Olympic team, Kara Goucher, Billy Nelson and Jorge Torres. Current CU harrier Jenny Barringer also made the team and was one of six U.S. track team members to come back to college the following fall. Sixteen have, or are, competing post-collegately.

After sending 17 of his current and former athletes to the IAAF World Cross Country Championships since 1992, USA Track & Field named Wetmore to the coaching staff for the USA National Team that competed at the 2004 Championships in Brussels, Belgium. He coached the junior men's team to a seventh-place finish, paced by future Buff Ryan Deak.

#### **SUCCESS IN THE WETMORE ERA**

- CU has the nations longest streak of NCAA Championship qualifications for men's teams.
- CU has the nations longest streak of top-10 NCAA Championship finishes for men's teams
- Mark Wetmore is the only coach in NCAA history to win all four NCAA titles (men's and women's team and men's and women's individual) at a university.

#### **MEN**

- 12 of 13 Big 12 Championships
- Three NCAA Team Championships
- Three NCAA Individual Champions
- 15 Consecutive top-10 NCAA team finishes
- 50 All-Americans

#### **WOMEN**

- 11 of 13 Big 12 Championships
- Two NCAA Team Championships
- One NCAA Individual Champion and three runner-ups
- Seven Big 12 Individual Champions
- 29 All-Americans

**DISTRICT/REGION CHAMPIONSHIP HISTORY**

Year	M-Team	Top Colorado Finisher	TIME	W-Team	Top Colorado Finisher	TIME
1980	1st (50)	1. Mark Scrutton	29:21.9	1st (65)	N/A	
1982	1st	1. Mark Scrutton	29:48.8	4th (65)	10. Sarah Hanson	18:11
1983	5th	7. Mick Bannister	31:38	5th (83)	19. Sarah Hanson	18:34
1984	2nd (78)	8. Todd Winke	30:49	5th	5. Michelle Bews	16:50
1985	2nd (58)	3. Dan Reese	30:55	4th (96)	4. Chris McNamara	17:39
1986	1st (46)	1. Chuck Trujillo	30:25	1st (92)	3. Chris McNamara	17:01
1987	1st (80)	2. Andy Dunn	31:10.8	1st (33)	3. Vivian Sinou	17:01
1988	3rd (71)	9. Andy Dunn	30:46	N/A	7. Catrina Campbell	17:43
1989	2nd (100)	4. Bob Cisco	30:46	t-4th (159)	12. Peg Millican	17:53
1990	12th (289)	21. Ron Salazar	31:42	4th (158)	17. Michelle Kantor	17:51
1991	5th (5th)	21. Fritz Rogers	31:36	5th (138)	5. Brooke Baughman	17:19
1992	1st (77)	8. Fritz Rogers	31:06	3rd (125)	1. Brooke Baughman	16:53
1993	1st (50)	4. Scott Larson	30:28	2nd (57)	4. Brooke Baughman	17:11
1994	1st (46)	1. Adam Goucher	30:07.6	1st (26)	2. Patty Roberts	17:07
1995	1st (66)	1. Adam Goucher	29:33.2	2nd (31)	2. Colleen Glyde	16:56.0
1996	1st (33)	1. Adam Batliner	32:23.38	1st (43)	3. Kelly Smith	18:27.35
1997	1st (15)	1. Adam Goucher	30:04.0	2nd (64)	3. Kelly Smith	17:20.8
1998	1st (34)	1. Adam Goucher	30:43.8	2nd (69)	7. Heather Burroughs	18:04.3
1999	2nd (61)	1. Ron Roybal	30:12.8	2nd (61)	1. Kara Grgas-Wheeler	16:39.9
2000	1st (38)	1. Jorge Torres	30:38.6	1st (38)	1. Kara Grgas-Wheeler	20:45.0
2001	1st (48)	1. Jorge Torres	30:53.3	2nd (48)	1. Jodie Hughes	21:13.9
2002	2nd (93)	1. Jorge Torres	29:33	2nd (66)	4. Sara Gorton	20:39
2003	1st (69)	1. Dathan Ritzenhein	30:32	2nd (67)	4. Renee Metivier	21:05
2004	1st (40)	3. Bret Schoolmeester	29:48	1st (32)	1. Renee Metivier	20:05
2005	1st (42)	1. Billy Nelson	30:29	1st (53)	2. Liza Pasciuto	20:53
2006	1st (59)	8. Billy Nelson	30:25.3	1st (87)	2. Jenny Barringer	20:30.5
2007	1st (47)	6. Stephen Pifer	30:28.3	4th (105)	2. Jenny Barringer	19:43.9
2008	1st (42)	6. Jordan Kyle	29:52.8	4th (133)	14. Laura Thweatt	20:59.7

**NCAA CHAMPIONSHIP HISTORY**

YR	TEAM	TOP CU FINISHER	TIME	TEAM	TOP CU FINISHER	TIME
1965	14th (281)	8. David Wighton	30:15			
1966	6th (248)	15. Craig Runyan	30:40			
1967	3rd (163)	4. Craig Runyan	31:10			
1968	5th (241)	13. Craig Runyan	30:00			
1970	15th (450)	52. Ted Castaneda	29:25			
1973	6th (217)	11. Ted Castaneda	28:55			
1975	20th (447)	58. Rick Musgrave	N/A			
1976				16th (546)	16. Pam Allen	17:12
1977	10th (299)	14. Mark Spilsbury	29:34	3rd (164)	7. Mary Decker	17:49
1978	5th (224)	21. John Hunsaker	30:06	4th (147)	1. Mary Decker	16:59
1979	4th (189)	14. Mark Anderson	29:32	18th (430)	93. Fran Montes	N/A
1980	13th (369)	6. Mark Scrutton	29:20	19th (408)	26. Ruth Hamilton	17:51
1981				9th (237)	37. Sharon Hulse	18:49
1982	7th (219)	1. Mark Scrutton	30:12			
1984	22nd (411)	27. Richard Reese	30:22			
1985	3rd (167)	15. Dan Reese	30:12			
1986	5th (195)	13. Chuck Trujillo	31:21	6th (186)	23. Carol McMordie	17:38
1987	15th (385)	39. Andy Dunn	30:13	12th (249)	33. Chris McNamera	17:01
1989	18th (365)	40. Mike Nahom	30:47			
1992	11th (320)	34. Shawn Found	31:49	20th (454)	11. Brooke Baughman	17:37
1993	4th (172)	31. Alan Culpepper	30:33	14th (326)	32. Brooke Baughman	17:19
1994	2nd (88)	2. Adam Goucher	30:12	4th (126)	13. Patty Roberts	17:17
1995	4th (181)	6. Adam Goucher	30:58	2nd (123)	17. Heather Burroughs	17:40
1996	5th (179)	17. Chris Severy	31:29	4th (145)	15. Colleen Glyde	18:02
1997	3rd (108)	3. Adam Goucher	29:10	3rd (178)	18. Kelly Smith	17:03
1998	3rd (158)	1. Adam Goucher	29:26	7th (332)	25. Heather Burroughs	17:30
1999	7th (307)	42. Michael Friedberg	31:22	8th (351)	9. Kara Grgas-Wheeler	16:58
2000	2nd (94)	3. Jorge Torres	30:21	1st (117)	1. Kara Grgas-Wheeler	20:30
2001	1st (90)	2. Jorge Torres	29:06	8th (240)	8. Molly Austin	20:51
2002	4th (190)	1. Jorge Torres	29:04	5th (220)	10. Sara Gorton	20:01
2003	5th (26)	1. Dathan Ritzenhein	29:14	5th (269)	15. Renee Metivier	20:21
2004	1st (90)	4. Brent Vauhgn	30:49	1st (63)	2. Renee Metivier	20:27
2005	5th (222)	27. James Strang	30:17	2nd (181)	7. Christine Bolf	19:59
2006	1st (94)	12. Brent Vaughn	31:13	2nd (223)	2. Jenny Barringer	20:38
2007	7th (287)	5. Brent Vaughn	29:48	23rd (479)	2. Jenny Barringer	19:48

# 2008 COLORADO CROSS COUNTRY RESULTS

## COLORADO WOMEN

**Aug. 30 ALUMNI/OPEN/VARSITY TIME TRIAL ..... NTS**  
 Sept. 20 Iowa State Invitational ..... NTS  
**Oct. 4 ROCKY MOUNTAIN SHOOTOUT (Boulder) ..... 1/3 (D-I)**  
**1. Colorado (15), 2. Air Force (63), 2. Northern Colorado (63)**  
 Oct. 18 at Pre-National Invitational (Terre Haute, Ind.) ..... 20/39  
 1. Florida State, 89; 1. Princeton, 89; 3. Michigan, 168; 4. Illinois, 186;  
 5. Georgetown, 186; 6. Arizona State, 202; 7. Baylor, 203; 8. Stony .....  
 Brook, 265; 9. Nebraska, 350; 10. Northern Arizona, 374...**20. Colorado, 552.**  
 Oct. 25 at Air Force Invitational (USAFA, Colo.) ..... NTS  
 Nov. 1 at Big 12 Championships (Ames, Iowa) ..... 5/12  
 1. Texas Tech, 44; 2. Baylor, 71; 3. Nebraska, 102; 4. Texas, 117; **5. Colorado,**  
**145;** 6. Kansas State, 158; 7. Oklahoma State, 168; 8. Kansas, 203; 9. Iowa  
 State, 225; 10. Oklahoma, 229; 11. Texa A&M, 242; 12. Missouri, 184.  
 Nov. 15 at NCAA Mountain Region Championships (Fort Collins, Colo.) ..... 4/17  
 1. Texas Tech, 42; 2. New Mexico, 70; 3. Northern Arizona, 92; **4. Colorado,**  
**133;** 5. BYU, 152; 6. Utah, 188; 7. Colorado State, 212; 8. Utah State, 218;  
 9. Wyoming, 234; 10. Nevada, 264; 11. Weber State, 269; 12. UTEP, 340;  
 13. Air Force, 347; 14. Southern Utah, 374; 15. Montana, 408; 16. New  
 Mexico State, 426; 17. Idaho State, 439.

## COLORADO MEN

**Aug. 30 ALUMNI/OPEN/VARSITY TIME TRIAL ..... N T S**  
 Sept. 20 Iowa State Invitational ..... N T S  
**Oct. 4 ROCKY MOUNTAIN SHOOTOUT (Boulder) ..... 1/3 (D-I)**  
**1. Colorado (17), 2. Air Force (42), 2. Northern Colorado (80)**  
 Oct. 18 at Pre-National Invitational (Terre Haute, Ind.) ..... 9 / 4 0  
 1. Stanford, 77; 2. Iona, 123; 3. BYU, 154; 4. Auburn, 194; 5. UCLA, 196;  
 6. Virginia, 205; 7. Tulsa, 212; 8. Indiana, 219; **9. Colorado, 235;** 10. Iowa State, 249.  
 Oct. 25 at Air Force Invitational (USAFA, Colo.) ..... N T S  
 Nov. 1 at Big 12 Championships (Ames, Iowa) ..... 2 / 1 2  
 1. Oklahoma State, 26; **2. Colorado, 66;** 3. Iowa State, 67; 4. Texas A&M, 95;  
 5. Missouri, 155; 6. Texas, 179; 7. Nebraska, 200; 8. Kansas, 208; 9. Texas  
 Tech, 255; 10. Baylor, 197; 11. Kansas State, 355; 12. Oklahoma, 365.  
 Nov. 15 at NCAA Mountain Region Championships (Fort Collins, Colo.) ..... 1 / 1 5  
**1. Colorado, 42;** 2. Northern Arizona, 65; 3. BYU 70; 4. New Mexico, 93; 5. Air  
 Force, 173; 6. Wyoming, 182; 7. Colorado State, 211; 8. Weber State, 226;  
 9. Southern Utah, 229; 10. Utah State, 278; 11. Montana, 295; 12. Montana  
 State, 313; 13. Texas Tech, 356; 14. New Mexico State, 424; 15. Idaho State, 451.  
 Nov. 24 at NCAA Championships (Terre Haute, Ind.) .....

## INDIVIDUAL RESULTS (Overall/CU)

Runner	ISU 6k	RMS 5.8k	PRE-NC 6k	AFA 6k	B12 6k	MTR 6k	NCAA 6k
J. Barringer							
M. Burrell							
C. Clark							
E. Coburn	25/6 23:19.00	8/4 22:13	139/5 22:12.0		27/3 22:03.2	30/3 21:25.3	
K. Cumming	29/7 23:37.00	11/6 22:33	157/6 22:23.0		49/7 22:42.9	58/6 21:57.3	
A. Eckert							
K. Eckert							
M. Ekemo	19/4 23:05.00	7/3 22:10	125/4 22:06.7		31/4 22:11.6	36/5 21:33.1	
R. Gioscia				2 24:26.44	62/8 23:01.2		
E. Hanenburg	22/5 23:08.00	5/1 21:52	107/3 21:58.7		22/1 21:56.1	22/2 21:12.8	
A. Ryan	9/1 22:22.00						
A. Sawyer	12/2 22:37.00	6/2 22:07	97/2 21:51.7		39/5 22:18.3	74/7 22:18.7	
K. Slack	35/8 24:00.00	13/7 22:41	165/7 22:27.5		44/6 22:26.9	31/4 21:25.7	
K. Smith	48/9 26:05.00						
L. Thweatt	18/3 23:04.00	10/5 22:31	86/11 21:45.2		26/2 22:02.5	14/1 20:59.7	
H. West							

## INDIVIDUAL RESULTS (Overall/CU)

Runner	ISU 8k	RMS 8k	PRE-NC 8k	AFA 8k	B12 8k	MTR 10k	NCAA 10k
M. Biegner		+32 28:06		+3 (6k) 21:05.85			
S. Blair							
J. Bosshard		+5 26:19					
C. Clayton							
S. DeMoor				1 25:57.77	20/5 25:05.0	18/5 30:11.8	
G. Duffy				+7 (6k) 21:53.52			
D. Edwards							
B. Harkrader	6/5 26:00.29						
M. Herzl							
E. Johnston		+38 28:31					
S. Kasica				+5 (6k) 21:40.33			
J. Kyle	5/4 25:59.59	2/1 25:20	7/1 23:39.9		8/1 24:28.2	6/1 29:52/8	
M. Medina							
R. Medina	4/3 25:59.25		59/4 24:31.3		15/4 24:51.3	8/2 29:57.7	
N. Miller		11/5 26:19	+7 24:52.7		25/7 25:13.4		
K. Neuman			54/3 24:27.5		14/3 24:50.0	13/4 30:04.1	
P. Nilan				+6 (6k) 21:41.84			
C. Pannone	2/1 25:58.67	3/2 25:22	36/2 24:17.5		9/2 24:35.5	9/3 29:58/2	
J. Perkins		+41 28:40		+13 29:00.79			
S. Seguin							
J. Stevens		+9 27:04		+9 27:51.98			
M. Tebo	3/2 25:58.97	8/4 25:48	115/6 25:01.9		23/6 25:08.3	26/6 30:25.1	
C. Thompson	7/6 26:00.68	6/3 25:43	79/5 24:43.8		29/8 25:18.1	34/7 30:42.8	
A. Van Halen		+31 28:04		+5 27:19.77			
A. Wacker	8/7 26:04.77	12/6 26:21	116/7 25:02.0		41/9 25:31.5	ALT	
Brett Walters		+4 26:17		+3 27:11.72			

**SETH DEMOOR**  
Senior • VR  
Buena Vista, Colo.  
(Buena Vista)

**2008 In Review**

at Air Force Invite	1	25:57.77
at Big 12 Championships	20/5	25:05.0
at NCAA Mtn Region	18/5	30:11.8

**2008 Honors**  
CU Athlete of the Week (10/28)  
All-Region

**JORDAN KYLE**  
Junior • TR  
Fishers, Ind.  
(Fishers/Indiana)

**2008 In Review**

at ISU Invite	5/4	265:59.59
Rocky Mountain Shootout	2/1	25:20
at Pre-Nationals	7/1	23:39.9
at Big 12 Championships	8/1	24:28.2
at NCAA Mtn Region	6/1	29:52.8

**2008 Honors**  
CU Athlete of the Week (10/7 and 10/22)  
All-Big 12  
All-Region

**RICHARD MEDINA**  
Sophomore • 1L  
Grand Junction, Colo.  
(Grand Junction)

**2008 In Review**

Rocky Mountain Shootout	4/3	25:59.25
at Pre-Nationals	59/4	24:31.3
at Big 12 Championships	15/4	24:51.3
at NCAA Mtn Region	8/2	29:57.7

**2008 Honors**  
All-Big 12  
Academic All-Big 12  
at NCAA Mtn Region

**KENYON NEUMAN**  
Junior • 2L  
Bend, Ore.  
(Summit)

**2008 In Review**

at Pre-Nationals	54/3	24:27.5
at Big 12 Championships	14/3	24:50.0
at NCAA Mtn Region	13/4	30:04.1

**2008 Honors**  
All-Big 12  
Academic All-Big 12  
All-Region

**CHRIS PANNONE**  
Senior • 2L  
Whitehouse Station, N.J.  
(Hunterdon Central)

**2008 In Review**

at ISU Invite	2/1	25:58.67
Rocky Mountain Shootout	3/2	25:22
at Pre-Nationals	36/2	24:17.5
at Big 12 Championships	9/2	24:35.5
at NCAA Mtn Region	9/3	29:58.2

**2008 Honors**  
All-Big 12  
All-Region

**MATT TEBO**  
Sophomore • 1L  
Albuquerque, N.M.  
(Eldorado)

**2008 In Review**

at ISU Invite	3/2	25:58.97
Rocky Mountain Shootout	8/4	25:48
at Pre-Nationals	115/6	25:01.9
at Big 12 Championships	23/6	25:08.3
at NCAA Mtn Region	26/6	30:25.1

**CHRISTIAN THOMPSON**  
Freshman • RS  
Candor, N.Y.  
(Candor)

**2008 In Review**

at ISU Invite	7/6	26:00.68
Rocky Mountain Shootout	6/3	25:43
at Pre-Nationals	79/5	24:43.8
at Big 12 Championships	29/8	25:18.1
at NCAA Mtn Region	34/7	30:42.8

**ANDY WACKER**  
Freshman • RS  
Pinehurst, N.C.  
(Pinecrest)

**2008 In Review**

at ISU Invite	8/7	26:04.77
Rocky Mountain Shootout	12/6	26:21
at Pre-Nationals	116/7	25:02.0
at Big 12 Championships	41/9	25:31.5
at NCAA Mtn Region	ALT	

**2008 Honors**  
Academic All-Big 12